Golden Helix

Holographic Tool

Developed by Mashur Anam

www.LifeHarmonized.com
Golden Helix

Golden Helix is a DNA activation and upgrading module. Your access to activate Golden Helix has been enabled after your purchase and it has been installed for you.

You can play some soothing music in the background while you work with Golden Helix module.

Installation instructions
Please listen to the accompanying recording to install the Golden Helix module for you. You only need to install it once.

Activation Instructions

Step 1 – Centering: Please close your eyes, sit quietly and breathe in and breathe out deeply a few times to center yourself.

Step 2 – Activation: Go into your heart space and connect with your heart consciousness or connect with your higher consciousness or just focus on your heart. The activation of the Golden Helix is based on command. As long as you have permission, you can activate the Holographic tools and programs. Each time the Golden Helix module is activated, it makes all the calculations necessary for the best upgrades and integration for you.

Activation Phrase: Activate Golden Helix

You can execute the Golden Helix module anytime by saying or intending “Activate Golden Helix.”

Description of Tasks

1) Golden Helix is used for a gradual activation of 12 strand DNA.
2) Golden Helix looks like a spiral golden helix of multi strands, somewhat similar to wind spinners.
3) When Golden Helix is activated, a large Golden Helix comes down and goes through our energy field spinning clockwise and it then breaks down into many nano Golden Helixes which start to scan and analyze our DNA.
4) After scanning, nano Golden Helix modules start to help to repair the information in our DNA and then encode new imprints on our DNA and chromosomes and gradually help us to integrate more helixes and hold more light in our physical body and energy field.
5) Golden Helix modules help prepare our energy field to hold multi dimensional and ascension vibration.
6) All changes happen in the most harmonious way for an individual and with each step, the body holds more light and the individual moves toward a higher consciousness.

How to Use the Golden Helix

1) Create a sacred space of neutrality and non-judgment by activating the Harmonic Shield around you if you have not done so already. You can launch it by using the command “Activate the Harmonic Shield.” A free version of this Harmonic Shield can be downloaded by subscribing to Life Harmonized email newsletters.

2) Focus on your energy field (your physical body and four feet around you) and flush your personal energy field with sun light for a few minutes. You can do this by connecting with the sun (day or night) and visualizing the sun light going through you and cleansing your entire personal field. This is a very simple but extremely powerful exercise to do each day for a few minutes.

3) Launch the Golden Helix by saying “Activate Golden Helix”

4) Just sit quietly for at least 10-15 minutes. If you meditate, spending about 30 minutes a week would be great. You can hold the phrase “Activate Golden Helix” or focus on Golden Helix during your meditation.

5) If you do not meditate, just focus on Golden Helix and allow the modules to work. You do not need to do anything as all information is encoded in the Golden Helix modules. You can play soothing soft positive and uplifting background music.

6) Each time the Golden Helix modules are activated, they will work on integrating more light and information for you. They are automated and they will stay as long as they need, even if you start doing other conscious work a few minutes after activating them.

7) The process is complete. Notice what gradually starts to change for you and around you. Allow the information to show up for you. How long now depends on your alignment.

8) Spending at least 30 minutes once a week is great. However, you can activate them as often as you like. Even though your conscious involvement is not necessary, focusing on the modules certainly would allow you to increase your ability to notice how they work and even interact with them for specific healing.

Thank you for helping us to raise our collective consciousness.